



Shotton Hall Primary School

Working together to

SHINE

Successful, Happy, Inspired and Nurtured towards Excellence

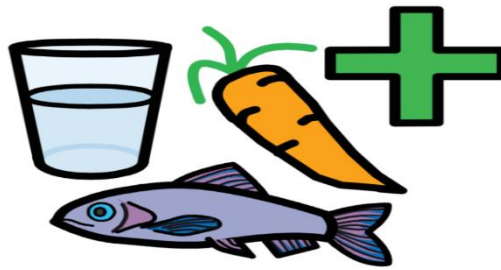


Rights Respecting Article of the week:

Article 24 – Health Care - ensures that every child has the right to the best possible health.

Governments must provide good quality **health care, clean water, nutritious food, and a clean environment and education on health** and well-being so that children can stay healthy.

Richer countries must help poorer countries achieve this.



 UNCRRC Article 24

I have the right to good quality health care, to clean water and good food

Here are some activities you may like to try:

Make a list with words or pictures of as many kinds of exercise you can think of.

Invent a recipe for a healthy snack that you could make for your family.

Set up an obstacle course and challenge someone in your house to have a go.

Draw or list people who can help you stay healthy and safe. What are their jobs?

Create a dance video and safely share with your friends and family on social media.