

#### **Shotton Hall Primary School**

Working together to







### **Year Four 1/5/20**

#### **Maths**

Today we are going to order 4-digit numbers into ascending and descending order. Remember ascending means getting bigger and descending means getting smaller.

ascending means getting bigger and descending means getting smaller. Fluency Reasoning Mastery Fill in the circle using < , > or =What mistake has been made? Alex has ordered five 4-digit numbers. The smallest number is 3,450, and the largest number is 3,650 3,273 3,314 989 9.993 1.354 All the other numbers have digit totals smallest greatest Here are four digit cards: 5 3 of 20 Arrange them to make as many different 4-digit numbers as Put these amounts in ascending order. What could the other three numbers you can and put them in ascending order. Half of 2,400 **LXXXVI** Rearrange four counters in the place value chart to make different numbers. 1000s 100s Record all your numbers and write them in descending order.

## **English**

This seems to be a very strange underwater camera... I wonder who took the picture? As the boy looks on, there are more strange photographs. Look very carefully at the next photograph in the pile (additional resource p1) and think about what you see. See if you can answer these questions.

- 1. The picture is taken underwater, so how are the lamps lit up?
- 2. Where has all of the furniture come from?
- 3. Do you think the creatures in the photograph know they're getting their picture taken? How do you know?

# Foundations Subject – PSHE (Happy Schools)

In Happy Schools we are going to look at coping and how we can cope in school or home when things might get difficult.

Today you are going to look at physical exercises that help you to relax and feel calm and in control. On a piece of paper draw an outline of a human body (or print out the sheet I have provided) and draw a line down the middle. One side of the body is going to be calm and controlled, and the other side is going to be nervous and stressed. Write, on the relevant parts of your diagrams, all the physical things that you know the body does when two opposite feelings are activated. For example, when you are nervous your shoulders may be hunched. When calm and in control, a smile may appear. Try doing some of these physical things and think about how they make you feel.

Watch the YouTube clip 'Confidence'.

Can you think of other famous people who have Power Poses such as Mo Farah and Usain Bolt.

I want you to practise power posing! Can you come up with your very own Power Pose? As you do it inhale deeply through the nose for 5 seconds and out through the mouth for 5 seconds. This helps to relax the mind. I would love to see pictures of your Power Poses in the comments on our Facebook page!