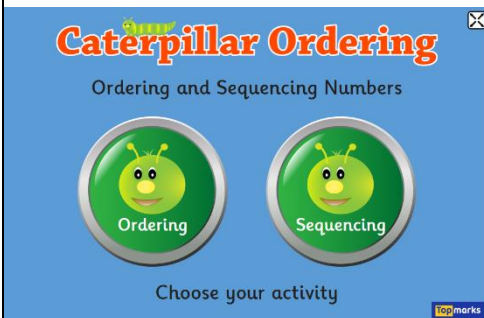




## Maths

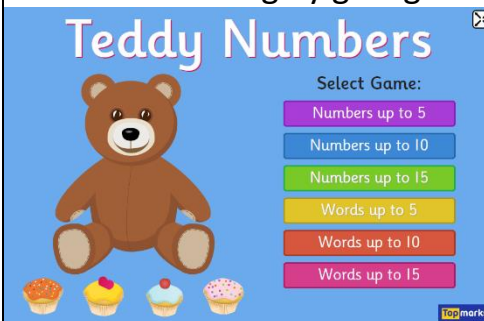
Today we are going to continue to practise counting from 0-20 by playing some online games. The games selected are all from the website 'Top Marks' and are only a small example of the wonderful games you can find there.

Try to order and sequence numbers 0-20 in 'Caterpillar Ordering'.



<https://www.topmarks.co.uk/ordering-and-sequencing/caterpillar-ordering>

Practise counting by giving the teddy bear some cupcakes in 'Teddy Numbers'.



<https://www.topmarks.co.uk/learning-to-count/teddy-numbers>

Practise counting items under water in 'Underwater Counting'.



<https://www.topmarks.co.uk/learning-to-count/underwater-counting>

## Literacy

Today we would like you to practise the alphabet. Can you sing the alphabet song?



Now write the alphabet in capital letters and lower case letters? Ask your grown up to check your letter formation. (See attached sheet in resource section)

Now can you go on an alphabet hunt around the house and find object beginning with each letter. Can you draw the objects you find and write the word. Remember to think carefully about the sounds in your words.

Challenge – choose 4/5 of your objects and write a sentence to include the word.

### **Foundation Subject – PE**

To stay fit and healthy, it is really important to exercise our bodies!

A great way to exercise can be through dancing along to our favourite songs. To warm up, dance along to one (or both) of the following videos!

Dance along with the trolls!

<https://www.youtube.com/watch?v=KhfkYzUwYFk>

Or the five little monkeys!

<https://www.youtube.com/watch?v=lxFOiayJR-s>

You can exercise in lots of different ways. Walking, running, skipping, dancing, gymnastics, playing football or basketball are just a few of the ways you can exercise. What is your favourite way to exercise?

There are so many games you can play at home- you can even create your own games! For example:

### Captain, yes captain

This one can involve everyone in the family - and the more who can play, the better.

To play, you first select a "captain".

The captain yells out orders and the crew have to follow the orders.

Here are the orders:

- Bow: Run to the front of the boat (front of room)
- Stern: Run to the back of the boat (back of room)
- Port: Run to the left side of the boat
- Starboard: Run to the right side of the boat.
- Hit the deck: Lay down on your stomach
- Salute: Salute and yell, "Aye, aye captain!"
- Scrub the deck: Drop to your knees and pretend to scrub the floor.
- Captain's quarters: Everyone ran towards the captain.
- SHARK!: Everyone must run to a designated base. The last player to the base is eliminated.

Use as many or as few of these instructions as you like- it's a great way to easily change the challenge level of the game.

You could also make your own hopscotch using chalk, paper or masking tape on your floor. Or you could make your own obstacle course around your garden! I can't wait to hear what fantastic ways you find to exercise at home, have fun!