At Shotton Hall Primary School, we use the Letters and Sounds Phonics Scheme to teach early reading. Each sound comes with an action to help children remember the sound. Below you will find listed digraphs (where two letters work together to make one sound, for example 'sh') and trigraphs (where three letters work together to make one sound, for example, 'igh') that we are learning in Year 1, along with the action we use to help your child remember each sound. Don't worry - the children will help you with the actions!

ch - (action, arms like a steam train) chip, chat, much, church

sh - (action, holding finger to your lips) fish, shop, shell, shark

th - (action, thumbs up) with, that, moth, thing

ng - (action, strong arms showing muscles) ring, bang, song, bring

oo - (action, head side to side saying 'u' 'oo')

(can be said as an 'u' sound or elongated 'oo' depending on the word)

examples - book, cool, look, loopy

Sounds like 'A'

ay - (action, drawing like a crayon)

examples - say, pay, clay, today

ai - (action, fingers like rain)

examples - rain, pain, jail, chain

a-e - (action, arm like a snake)

examples - name, tape, plate, shape

Sounds like 'O'

oe - (action, pointing to toe)

examples - toe, Joe, foe, heroes

oa - (action, hands on your chin)

examples - oak, goat, boat, floats

o-e - (action, point to the bone in your arm)

examples - bone, cone, nose

ow - (action, make a bow tie at your neck)

examples - show, bowl, throw, blowing

Sounds like 'I'

ie - (action, fastening a tie)

examples - tie, pie, lied, cried

igh - (action, hands together at the side of your face as if going to sleep)

examples - night, fight, sight flight

i-e - (action, arm like going down a slide)

examples - bite, kites, slide, invite

Sounds like 'E'

ee - (action, showing teeth)

examples - eel, see, sheet, teeth

ea - (action, pointing to beads around your neck)

examples - eat, bead, neat, cheap

ey - (action, arms like a monkey)

examples - key, monkey, valley, trolley

e-e - (action, forearm moving inwards like a sun setting on an evening)

examples - Pete, Steve, complete

Sounds like 'oo' or 'U'

These sounds can be pronounced differently in words, sometimes with an 'oo' sound and sometimes with a 'you' sound.

ue - (action, fingers rubbing together like sticky glue)

examples - glue, blue, true

ew - (action, screwing in a screw)

examples - pew, flew, crew, news

u-e - (action, playing a flute)

examples - cube, mute, flute, brute

Sounds like 'oy'

oy - (action, stroking with finger from jaw along to chin)

examples - boy, toys, ploy

oi - (action, drawing a coin on your hand)

examples - oil, coin, spoil

Sounds like 'ou'

ow - (action, fingers making cow horns on head)

examples - cow, now, how, clown

ou - (action, making a cloud with your hands)

examples - out, about, pound, cloud

Sounds like 'er'

er - (action, arms mixing like a cake mixer)

examples - power, hoover, shower

ur - (action, fingers curling hair)

examples - fur, curl

ir - (action, finger rubbing cheek)

examples - girl, swirl, twirl

Sounds like 'or'

or - (action, hand squeezing a horn)

examples - for, torn, stormy

aw - (action, arm moves like a saw)

examples - saw, lawn, prawns

au - (actions, hands falling like autumn leaves)

examples - Paul, Autumn,

ar - (action, crossing fingers to make a star) examples - car, star, marsh, chart air - (action, stroking your hair) examples - air, hair, chair, fairly ear - (action, touching your ear) examples - ear, hear, spear, clear

There are games on the letters and sounds website (http://www.letters-and-sounds.com) that you can play together to help to support your child.

If you need any support or assistance please do not hesitate to speak to a member of staff.